

# Actual intermediate times (laptimes)

Listed by Magne Teigen, WSSSA - Updated: 4 Febr. 2010

Intermediate times (laptimes) for  
World Record (WR), Olympic Record (OR), and Rink Record (RR)

## LADIES

	<b>WR</b>	<b>OR</b>	<b>RR</b>
<b>500 meter</b>	<b>Jenny Wolf</b> SLC 11.12.2009	<b>Catriona Le May Doan</b> SLC 13.02.2002	<b>Jenny Wolf</b> WSD 15.03.2009
100 m	10,19	10,22	10,23
<u>500 m</u>	<u>37,00</u> (26,81)	<u>37,30</u> (27,08)	<u>37,72</u> (27,49)
<b>1000 meter</b>	<b>Cindy Klassen</b> Calgary 25.03.2006	<b>Chris Witty</b> SLC 17.02.2002	<b>Christine Nesbitt</b> WSD 14.03.2009
200 m ( 2)	18,02	17,88	18,47
600 m ( 1)	44,83 (26,81)	44,93 (27,05)	46,57 (28,10)
<u>1000 m</u>	<u>1.13,11</u> (28,28)	<u>1.13,83</u> (28,90)	<u>1.16,28</u> (29,71)
<b>1500 meter</b>	<b>Cindy Klassen</b> SLC 20.11.2005	<b>Anni Friesinger</b> SLC 20.02.2002	<b>Christine Nesbitt</b> WCtrials 18.10.2009
300 m ( 3)	25,08	25,14	25,75
700 m ( 2)	52,37 (27,29)	53,48 (28,34)	54,33 (28,58)
1100 m ( 1)	1.21,08 (28,71)	1.22,83 (29,35)	1.24,58 (30,25)
<u>1500 m</u>	<u>1.51,79</u> (30,71)	<u>1.54,02</u> (31,19)	<u>1.56,89</u> (32,31)
<b>3000 meter</b>	<b>Cindy Klassen</b> Calgary 18.03.2006	<b>Claudia Pechstein</b> SLC 10.02.2002	<b>Renate Groenewold</b> WSD 12.03.2009
200 m ( 7)	19,09	19,45	20,18
600 m ( 6)	48,78 (29,69)	49,93 (30,48)	51,13 (30,95)
1000 m ( 5)	1.19,12 (30,34)	1.21,00 (31,07)	1.22,85 (31,72)
1400 m ( 4)	1.49,50 (30,38)	1.52,30 (31,30)	1.54,80 (31,95)
1800 m ( 3)	2.19,90 (30,40)	2.23,38 (31,08)	2.27,01 (32,21)
2200 m ( 2)	2.50,53 (30,63)	2.54,57 (31,19)	2.59,16 (32,15)
2600 m ( 1)	3.21,38 (30,85)	3.25,86 (31,29)	3.31,94 (32,78)
<u>3000 m</u>	<u>3.53,34</u> (31,96)	<u>3.57,70</u> (31,84)	<u>4.05,43</u> (33,49)
<b>5000 meter</b>	<b>Martina Sáblíková</b> SLC 11.03.2007	<b>Claudia Pechstein</b> SLC 23.02.2002	<b>Martina Sáblíková</b> WSD 14.03.2009
200 m (12)	20,07	19,79	20,51
600 m (11)	51,31 (31,24)	51,50 (31,71)	52,53 (32,02)
1000 m (10)	1.23,32 (32,01)	1.23,89 (32,39)	1.25,01 (32,48)
1400 m ( 9)	1.55,05 (31,73)	1.55,95 (32,06)	1.57,95 (32,94)
1800 m ( 8)	2.26,82 (31,77)	2.28,33 (32,38)	2.30,72 (32,77)
2200 m ( 7)	2.58,59 (31,77)	3.00,47 (32,14)	3.03,69 (32,97)
2600 m ( 6)	3.30,64 (32,05)	3.32,87 (32,40)	3.36,60 (32,91)
3000 m ( 5)	4.02,85 (32,21)	4.05,35 (32,48)	4.09,66 (33,06)
3400 m ( 4)	4.35,35 (32,50)	4.37,67 (32,32)	4.42,91 (33,25)
3800 m ( 3)	5.07,53 (32,18)	5.10,01 (32,34)	5.16,30 (33,39)
4200 m ( 2)	5.40,17 (32,64)	5.42,49 (32,48)	5.49,78 (33,48)
4600 m ( 1)	6.12,71 (32,54)	6.14,86 (32,37)	6.23,84 (34,06)
<u>5000 m</u>	<u>6.45,61</u> (32,90)	<u>6.46,91</u> (32,05)	<u>6.57,84</u> (34,00)

## Team Pursuit

### LADIES (6 laps)

½ lap	18,79
1 lap ( 5)	32,72 (13,93)
1 ½ laps	46,56 (13,84)
2 laps ( 4)	1.00,22 (13,66)
2 ½ laps	1.14,20 (13,98)
3 laps ( 3)	1.28,26 (14,06)
3 ½ laps	1.42,56 (14,30)
4 laps ( 2)	1.57,17 (14,61)
4 ½ laps	2.11,78 (14,61)
5 laps ( 1)	2.26,43 (14,65)
5 ½ laps	2.41,27 (14,84)
<u>6 laps</u>	<u>2.55,79</u> (14,52)

## WR

### CANADA

Calgary 06.12.2009

## OR

### CANADA

Torino 15.02.2006

18,64
32,36 (13,72)
46,32 (13,96)
1.00,59 (14,27)
1.15,31 (14,72)
1.30,39 (15,08)
1.45,81 (15,42)
2.00,83 (15,02)
2.15,66 (14,83)
2.30,74 (15,08)
2.45,84 (15,10)
<u>3.01,24</u> (15,40)

## RR

### CANADA

WSD 15.03.2009

18,85
32,87 (14,02)
46,98 (14,11)
1.01,01 (14,03)
1.15,31 (14,30)
1.29,40 (14,09)
1.43,82 (14,42)
1.58,61 (14,79)
2.13,45 (14,84)
2.28,34 (14,89)
2.43,43 (15,09)
<u>2.58,25</u> (14,82)

## MEN

### 500 meter

100 m (1)

500 m

## WR

Jeremy Wotherspoon

SLC 09.11.2007

9,59  
34,03 (24,44)

## OR

Casey FitzRandolph

SLC 11.02.2002

9,44  
34,42 (24,98)

## RR

Kang-Seok Lee

WSD 15.03.2009

9,42  
34,80 (25,38)

### 1000 meter

200 m (2)

600 m (1)

1000 m

## WR

Shani Davis

SLC 07.03.2009

16,67  
41,18 (24,51)  
1.06,42 (25,24)

## OR

Gerard van Velde

SLC 11.02.2002

16,33  
41,00 (24,67)  
1.07,18 (26,18)

## RR

RRevor Marsicano

WSD 13.03.2009

17,10  
42,60 (25,50)  
1.08,96 (26,36)

### 1500 meter

300 m (3)

700 m (2)

1100 m (1)

1500 m

## WR

Shani Davis

SLC 11.12.2009

23,28  
48,04 (24,76)  
1.13,73 (25,69)  
1.41,04 (27,31)

## OR

Derek Parra

SLC 19.02.2002

23,57  
49,06 (25,49)  
1.15,54 (26,48)  
1.43,95 (28,41)

## RR

Shani Davis

WSD 12.03.2009

23,88  
50,09 (26,21)  
1.17,45 (27,36)  
1.46,17 (28,72)

### 5000 meter

200 m (12)

600 m (11)

1000 m (10)

1400 m ( 9)

1800 m ( 8)

2200 m ( 7)

2600 m ( 6)

3000 m ( 5)

3400 m ( 4)

3800 m ( 3)

4200 m ( 2)

4600 m ( 1)

5000 m

## WR

Sven Kramer

Calgary 17.11.2007

17,74  
45,88 (28,14)  
1.14,40 (28,52)  
1.42,98 (28,58)  
2.11,33 (28,35)  
2.39,98 (28,65)  
3.08,59 (28,61)  
3.37,15 (28,56)  
4.05,73 (28,58)  
4.34,92 (29,19)  
5.04,20 (29,28)  
5.33,77 (29,57)  
6.03,32 (29,55)

## OR

Jochem Uytdehaage

SLC 09.02.2002

18,42  
47,27 (28,85)  
1.16,94 (29,67)  
1.46,70 (29,76)  
2.16,27 (29,57)  
2.45,54 (29,27)  
3.15,15 (29,59)  
3.44,96 (29,81)  
4.14,64 (29,72)  
4.44,23 (29,59)  
5.14,10 (29,87)  
5.44,21 (30,11)  
6.14,66 (30,45)

## RR

Sven Kramer

WSD 13.03.2009

18,56  
47,79 (29,23)  
1.17,58 (29,79)  
1.47,18 (29,60)  
2.16,87 (29,69)  
2.46,41 (29,54)  
3.16,21 (29,80)  
3.46,14 (29,93)  
4.15,96 (29,82)  
4.45,72 (29,76)  
5.15,85 (30,13)  
5.46,13 (30,28)  
6.16,20 (30,07)

**10000 meter****WR**Sven Kramer  
SLC 10.03.2007

400 m (24)	33,13
800 m (23)	1.02,98 (29,85)
1200 m (22)	1.33,40 (30,42)
1600 m (21)	2.03,53 (30,13)
2000 m (20)	2.33,73 (30,20)
2400 m (19)	3.03,98 (30,25)
2800 m (18)	3.34,46 (30,48)
3200 m (17)	4.04,81 (30,35)
3600 m (16)	4.35,44 (30,63)
4000 m (15)	5.05,80 (30,36)
4400 m (14)	5.36,33 (30,53)
4800 m (13)	6.06,88 (30,55)
5200 m (12)	6.37,49 (30,61)
5600 m (11)	7.08,22 (30,73)
6000 m (10)	7.38,97 (30,75)
6400 m ( 9)	8.09,54 (30,57)
6800 m ( 8)	8.40,10 (30,56)
7200 m ( 7)	9.10,51 (30,41)
7600 m ( 6)	9.41,08 (30,57)
8000 m ( 5)	10.11,61 (30,53)
8400 m ( 4)	10.41,99 (30,38)
8800 m ( 3)	11.11,98 (29,99)
9200 m ( 2)	11.42,23 (30,25)
9600 m ( 1)	12.12,04 (29,81)

**10000 m** **12.41,69** (29,65)**OR**Jochem Uytdehaage  
SLC 22.02.2002

34,42
1.05,06 (30,64)
1.35,96 (30,90)
2.07,13 (31,17)
2.38,35 (31,22)
3.09,09 (30,74)
3.39,87 (30,76)
4.10,55 (30,68)
4.41,30 (30,75)
5.12,04 (30,74)
5.42,80 (30,76)
6.13,85 (31,05)
6.44,77 (30,92)
7.15,69 (30,92)
7.46,83 (31,14)
8.18,03 (31,20)
8.49,20 (31,17)
9.20,26 (31,06)
9.51,25 (30,99)
10.22,40 (31,15)
10.53,88 (31,48)
11.25,03 (31,15)
11.56,44 (31,41)
12.27,63 (31,19)

**12.58,92** (31,29)**RR**Sven Kramer  
WSD 14.03.2009

34,11
1.04,66 (30,55)
1.35,50 (30,84)
2.05,61 (30,11)
2.36,23 (30,62)
3.06,84 (30,61)
3.37,85 (31,01)
4.08,81 (30,96)
4.40,00 (31,19)
5.10,68 (30,68)
5.41,57 (30,89)
6.12,22 (30,65)
6.43,21 (30,99)
7.13,93 (30,72)
7.44,89 (30,96)
8.15,62 (30,73)
8.46,71 (31,09)
9.17,55 (30,84)
9.48,81 (31,26)
10.19,65 (30,84)
10.51,02 (31,37)
11.22,32 (31,30)
11.53,51 (31,19)
12.24,53 (31,02)

**12.55,32** (30,79)**Team Pursuit****MEN (8 laps)****WR**NETHERLANDS  
SLC 11.03.2007

½ lap	17,51
1 lap ( 7)	30,61 (13,10)
1 ½ laps	43,79 (13,18)
2 laps ( 6)	57,01 (13,22)
2 ½ laps	1.10,56 (13,55)
3 laps ( 5)	1.23,67 (13,11)
3 ½ laps	1.37,08 (13,41)
4 laps ( 4)	1.50,19 (13,11)
4 ½ laps	2.03,55 (13,36)
5 laps ( 3)	2.17,09 (13,54)
5 ½ laps	2.30,87 (13,78)
6 laps ( 2)	2.44,60 (13,73)
6 ½ laps	2.58,07 (13,47)
7 laps ( 1)	3.11,57 (13,50)
7 ½ laps	3.24,73 (13,16)

**8 laps** **3.37,80** (13,07)**OR**ITALY  
Torino 15.02.2006

17,90
31,24 (13,34)
44,68 (13,44)
58,39 (13,71)
1.12,18 (13,79)
1.26,03 (13,85)
1.39,60 (13,57)
1.53,38 (13,78)
2.06,84 (13,46)
2.20,62 (13,78)
2.34,25 (13,63)
2.48,11 (13,86)
3.01,79 (13,68)
3.15,65 (13,86)
3.29,71 (14,06)

**3.43,64** (13,93)**RR**NETHERLANDS  
WSD 15.03.2009

17,74
30,77 (13,03)
43,78 (13,01)
57,03 (13,25)
1.10,53 (13,50)
1.23,99 (13,46)
1.37,57 (13,58)
1.51,20 (13,63)
2.05,08 (13,88)
2.18,76 (13,68)
2.32,54 (13,78)
2.46,11 (13,57)
2.59,71 (13,60)
3.13,40 (13,69)
3.27,37 (13,97)

**3.41,26** (13,89)